

## --Meeting Topics Menu--

*If you are unsure what to talk about in your meeting, these topics might help you figure out what types of questions to ask! You can ask mentors 'Is grad school for me?' if you feel that none of these topics are relevant to you yet.*

### **Appetizers**

***Interested in grad school but haven't begun the application process yet***

***Finding Graduate Programs*** – This topic is about what you should be looking for in a program or advisor, and some ways you can learn about those programs

***What You Can Do Now to Make Yourself a Better Applicant*** – This topic is great if you want to know what skills or experiences you should be looking for/working on now to make yourself a better applicant/grad student down the line

***What Do Professors Look for in a Grad Student*** – This topic will give you a look into what your mentor in particular thinks makes a good grad student, and how you can also gain those skills

***Getting Your Foot in the Door*** - If you are interested in how you can make first contact with a professor, make a good first impression to a program, or how to make sure your application gets noticed, this topic is for you!

### **Main Course**

***In the process of applying to grad school and getting ready for interview***

***Letters of Rec & Personal Statements*** – This topic is great if you want advice on how to ask for letters of rec, or what you should include in your personal statement

***CV Review*** – This topic gives you a chance to get feedback on your current CV, how you can improve it, and what you can do to add to it.

***Interview Advice*** – If you are worried about going for interviews, this topic is for you! Your mentor can give you tips on how to stay calm, and what kind of questions you should ask.

***Finding a Good Match*** – This topic can help you learn about what you should be looking for in a program or potential PI, and some red flags to watch out for.

***I Wish I Had...*** – This topic is great for learning what your mentor wished they had known/ done during their application process (Topic: Finding a grad program)

***Masters vs PhD*** – Though most of our mentors have or will have a PhD, they can help you learn about some key differences in getting these degrees.

### **Dessert**

***Accepted into a grad program***

***Picking a Research Topic*** – If you are worried about how to find a research project that you are passionate about or how to find ways to engage your own research interests in grad school, this topic is for you

**Work/ Life Balance** – *This topic is all about finding that ever elusive balance between grad school and the rest of life. Mentors can give you tips for self-care, and taking time. They can also assure you that you deserve a balance!*

**Funding** – *This topic is all about making sure you know how to find funding in grad school. Learn about common funding sources, and funding opportunities to look out for.*